

From Discipleship into Relationship

Navigating Deeper Prayer and the Spiritual Desert

BEATIFIC VISION

Unitive Way

Night of the Spirit — — — — —

Illuminative Way

Night of the Senses — — — — —

Purgative Way

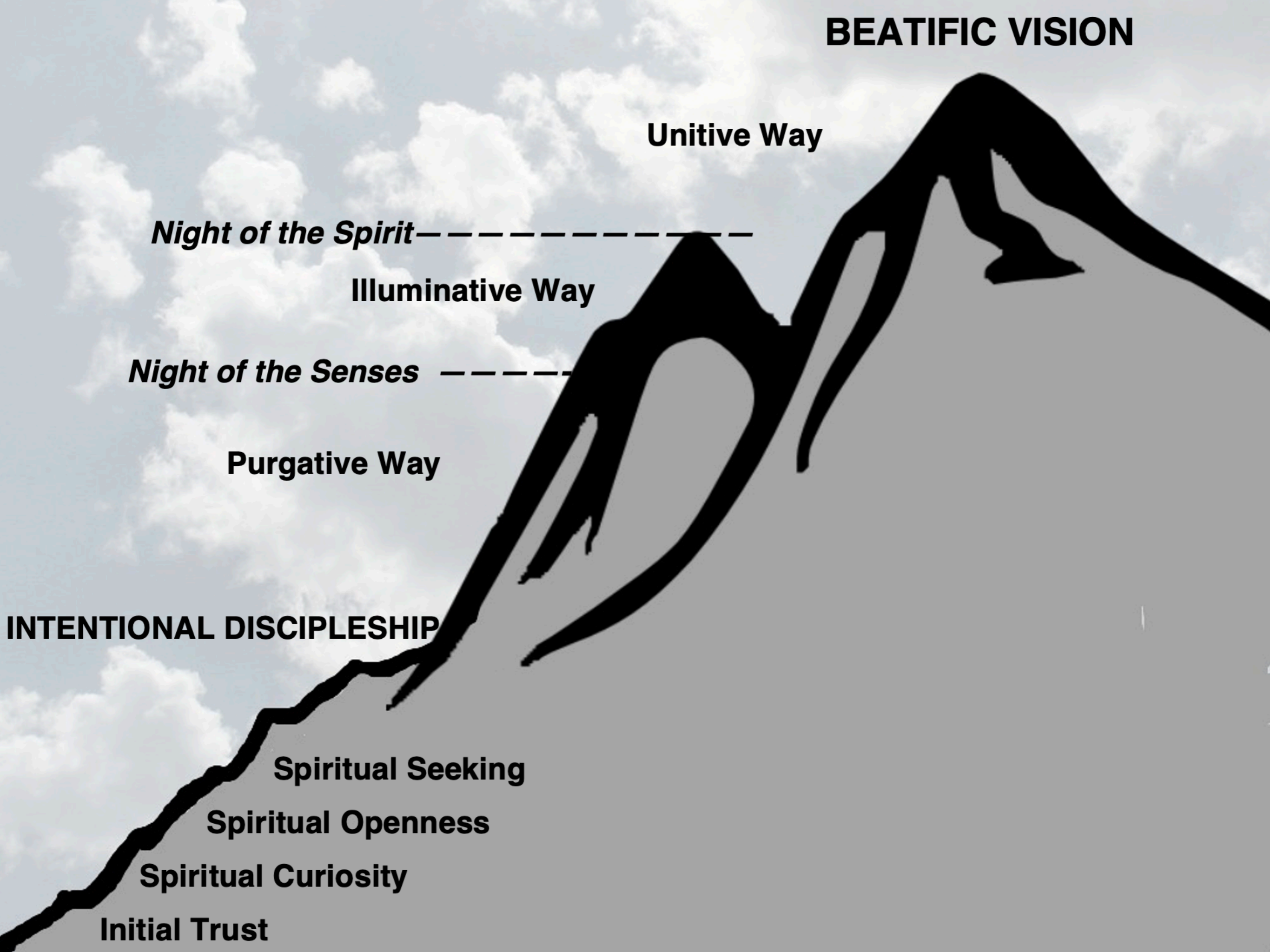
INTENTIONAL DISCIPLESHIP

Spiritual Seeking

Spiritual Openness

Spiritual Curiosity

Initial Trust







3 Signs of Contemplative Aridity:

- No consolation in God -
or in creatures
- Still preoccupied with
seeking the Lord - not
finding Him is a source
of pain
- Inability to use the
imagination, old ways of
praying not “working”





What we should do in aridity:

- Don't allow yourself to be disturbed.
- Don't try to force the same kind of prayer.
- Be faithful to prayer time.
- Know that consolations will come again. (maybe not quite the same)
- Keep Jesus, the Spouse of Your Soul, at the center. Keep your gaze on Him.
- Stay close to *Mary*.



“And in her light I find You hid within me,
and in her morning I can see Your face.”

Jessica Powers (Sister Miriam of the Holy Spirit, OCD)

Spiritual fruit:

- Humility
- Purity (of intention)
- Stability
- Charity



Severe *Mercies*



